

Scientific References

1) The Effect of Testosterone on Androgen Receptors and Human Penile Growth

<https://www.sciencedirect.com/science/article/abs/pii/S0022534701644008#:~:text=adult%20phallic%20size.-,CONCLUSIONS,mechanisms%2C%20such%20as%20growth%20hormone>

2) Endocrine response to masturbation-induced orgasm in healthy men following a 3-week sexual abstinence

<https://link.springer.com/article/10.1007/s003450100222>

3) Is Masturbation Healthy?

<https://www.plannedparenthood.org/learn/sex-pleasure-and-sexual-dysfunction/masturbation/masturbation-healthy#:~:text=Masturbation%20can%20actually%20be%20good,and%20make%20you%20feel%20good.>

4) Breastfeeding Duration and Anogenital Distance in 2-Year-Old Infants

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5335819/>

5) Study finds wide exposure to environmental toxics in cohort of pregnant women

<https://news.berkeley.edu/2016/11/01/study-finds-wide-exposure-to-environmental-toxics-in-cohort-of-pregnant-women/>

6) Reduced testosterone tied to chemical exposure

<https://news.umich.edu/reduced-testosterone-tied-to-chemical-exposure/>

7) Dynamic alteration of serum testosterone with aging: a cross-sectional study from Shanghai, China

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4589118/>

8) Altered bioavailability of testosterone in androgen-binding protein-transgenic mice

<https://www.sciencedirect.com/science/article/abs/pii/S0039128X05001091>

9) HORMONE MIMICKING CHEMICALS

<https://www.parliament.uk/globalassets/documents/post/pn108.pdf>

10) "Bisphenol a: an emerging threat to male fertility"

<https://rbej.biomedcentral.com/articles/10.1186/s12958-018-0447-6>

11) Pesticides May Block Male Hormones

<https://www.scientificamerican.com/article/pesticides-may-block-male-hormones/>

12) Serum Testosterone Concentrations and Urinary Bisphenol A, Benzophenone-3, Triclosan, and Paraben Levels in Male and Female Children and Adolescents: NHANES 2011–2012

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5132630/>

13) The hypothalamic–pituitary–gonadal axis is target of cadmium toxicity. An update of recent studies and potential therapeutic approaches

<https://www.sciencedirect.com/science/article/abs/pii/S0278691513004018>

14) Chapter 21: Toxic Responses of the Endocrine System

<https://accesspharmacy.mhmedical.com/content.aspx?bookid=1540§ionid=92527599>

15) Pituitary Function Following Treatment with Reproductive Toxins

<https://www.jstor.org/stable/3430354>

16) The many faces of testosterone

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2686330/>

17) Did You Know Semen Actually Contains Nutrients? We Tell You 8 Seriously BIZARRE Semen Facts!

<https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/did-you-know-semen-actually-contains-nutrients-we-tell-you-8-seriously-bizarre-semen-facts/photostory/69219345.cms?picid=69219347>

18) Testosterone Use And Male Infertility

<https://www.reproductivefacts.org/news-and-publications/patient-fact-sheets-and-booklets/documents/fact-sheets-and-info-booklets/testosterone-use-and-male-infertility>

19) The effect of testosterone on androgen receptors and human penile growth

<https://pubmed.ncbi.nlm.nih.gov/9258152/>

20) Potential Medicinal Application and Toxicity Evaluation of Extracts from Bamboo Plants

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4659479/>

21) Effects of sex hormones on protein and collagen content of the temporomandibular joint disc of the rat

<https://pubmed.ncbi.nlm.nih.gov/8648477/>

22) Treatment for low testosterone leydig cells human collagen research

<https://news.usc.edu/161332/treatment-for-low-testosterone-leydig-cells-human-collagen-research/#:~:text=Human%20collagen%20helps%20cells%20produce%20testosterone&text=In%20one%20study%2C%20the%20lab,as%20well%20in%20the%20lab.>

23) Hyaluronic acid: a versatile biomaterial in tissue engineering

<https://parjournal.net/article/view/2342>

24) Vitamin B6 and Its Role in Cell Metabolism and Physiology

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6071262/>

25) What are proteins and what do they do?

<https://medlineplus.gov/genetics/understanding/howgeneswork/protein/>

26) Fibrotic Protein Expression Profiles in Penile Tissue of Patients With Erectile Dysfunction

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4011715/>

27) FOODS FOR PENIS ENLARGEMENT

<https://www.thecompleteguidetopenisenlargement.com/super-foods>

28) Erectile Dysfunction

<https://rockwoodnaturalmedicine.com/naturopathic-medicine-articles/erectile-dysfunction/>